

Lavender Fields Counselling

CEO: Jennifer Pike.BA (Hons)

Accredited counsellor (NCPS) Member And Clinical Supervisor.

<http://LavenderFieldsCounselling.co.uk>

Supervision Contract

Commencement:

Duration:

Venue: To be agreed with the Supervisor

Frequency: A minimum of 1.5 hours per month in line with NCPS guidance (please see below)

- * Frequency of supervision is a minimum of 1.5 hours per month (in line with NCPS guidance).
- * Sessions will be booked in advance at a mutually agreed time.
- * The supervisee is responsible for the payment of supervision. This should be paid directly to the supervisor.
- * The supervisee will be punctual in attendance and inform the supervisor if they are unable to attend at least 72 hours prior to the planned supervision session. The supervisee will be responsible for payment of the missed session if notice is not given, unless there is good reason (emergency, illness).
- * The contract drawn will remain flexible to include changes as and when identified in agreement with the supervisor and supervisee.
- * At the time of signing this agreement, the supervisee must inform the Therapies Coordinator if they are currently affected by any formal complaint's procedure within NCPS or any other professional body. Should this situation change at any stage, this will be disclosed to the Therapies Coordinator immediately.
- * The supervision will function within the core condition of a person-centered approach and remain confidential in that what is discussed with the supervision session, unless otherwise agreed by the supervisor and supervisee (or if there is a safe-guarding concern that needs reporting).

The Working Alliance - Supervisee Responsibilities and Expectations

- * To be prepared for the supervision by identifying issues and being willing to share these with the supervisor.
- * To be willing to develop an openness to supervisor's/supervisee's responses and feedback.
- * To be willing to give feedback to the supervisor/supervisees within the session.
- * To monitor any tendencies to justify, explain or defend.
- * To develop the ability to discriminate what feedback or response is helpful. To challenge responses that may seem unhelpful or unclear.
- * To continually develop an awareness of integrating the NCPS Ethical Framework.
- * To identify and discuss **any** issues in relation to clients that may require a safeguarding approach (and therefore reporting to the National Counselling and Psychotherapy Society).
- * To continue with ongoing professional training and development as required.

Supervisor Responsibilities and Expectations

- To appropriately manage the session time within the session, whilst remaining aware of the supervisees needs.
- To record the issues raised/actions agreed of the supervisory meetings and provide copies to the supervisee.
- * To offer the 'core conditions' of the person-centered approach.
- * To enable 'safe enough' space for the supervisee to lay out supervisory issues in a self-selected way.
- * To be available to explore any practice/accreditation issues that may arise.
- * To help the supervisee to explore and clarify thinking, feeling and fantasies which underlie their practice.

- * To share experience, information and skills appropriately.
- * To challenge practice considered to be unethical, unwise, or incompetent, and to work together to find ways forward.
- * To challenge personal or professional 'blind spots'.
- * To provide telephone availability for contact outside the agreed group supervisory sessions for the sole purpose of supporting and de-briefing the supervisees, if necessary.
- * To adhere to the NCPS Ethical Framework and to facilitate the supervisees in the integration of said Framework.
- * To support and encourage the supervisees to be "self-informed" of any relevant Acts of Law identified as relevant to his/her practice.
- * To continue with ongoing professional training and development as required.

Signed in agreement with the above contract:-

Supervisee Signed Name:

Supervisor  Signed Name:

Date agreed